



Residential Experience



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What Ofsted Said

In October 2013 Cloughwood Academy residential provision was inspected by Ofsted. The result of the inspection was that Cloughwood Academy residential provision was **outstanding in all areas**. The summary of key findings states that the residential provision is outstanding because:

- Residential pupils make excellent progress across all areas of their development. They receive exceptionally high levels of truly wonderful care and support in a comfortable, stimulating environment that meets their individual needs. This results in them benefitting from improved personal, social and emotional outcomes.
- Residential pupils' safety and well-being is of paramount importance. Residential pupils are safe and say that they feel safe because of the exceptionally well-implemented safeguarding procedures.
- The residential provision is exceptionally well managed. It is highly valued by senior managers and trustees and is an integral part of the school. Monitoring of the service is robust and helps drive forward development.
- Residential pupils and parents are complementary about the service. They say the staff are 'great' and are 'always there for them'/ parents are confident to approach staff with any concerns. They know that they will be listened to and that action will be taken to support them and their children.

Cloughwood Academy

Cloughwood Academy, Stones Manor Lane, Hartford, NORTHWICH, Cheshire, CW8 1NU

Inspection dates		
09/10/2013 to 11/10/2013		
Overall effectiveness	Outstanding	1
Outcomes for residential pupils	Outstanding	1
Quality of residential provision and care	Outstanding	1
Residential pupils' safety	Outstanding	1
Leadership and management of the residential provision	Outstanding	1

Summary of key findings

The residential provision is outstanding because

- Residential pupils make excellent progress across all areas of their development. They receive exceptionally high levels of truly wonderful care and support in a comfortable, stimulating environment that meets their individual needs. This results in them benefitting from improved personal, social and emotional outcomes.
- Residential pupils' safety and well-being is of paramount importance. Residential pupils are safe and say that they feel safe because of the exceptionally well-implemented safeguarding procedures.
- The residential provision is exceptionally well managed. It is highly valued by senior managers and trustees and is an integral part of the school. Monitoring of the service is robust and helps drive forward development.
- Residential pupils and parents are complimentary about the service. They say the staff are 'great' and are 'always there for them'. Parents are confident to approach staff with any concerns. They know that they will be listened to and that action will be taken to support them and their children.
- The national minimum standards are met and in many instances exceeded.

www.ofsted.gov.uk/inspection-reports/find-inspection-report/provider/CARE/SC006625

Ofsted commented that our pupils make excellent progress and their life experiences are enriched, because of the extensive range of opportunities available when accessing the residential provision.

It was noted that students' individual needs and differences are actively acknowledged, supported and celebrated. Residential pupils enjoy exceptionally positive relationships with staff, which are built upon shared honesty, trust and respect. Residential pupils are thriving in an environment which is enriched by a whole range of extra-curricular activities. These activities effectively enable the pupils to develop social, interpersonal and team building skills, as well as enabling pupils to actively pursue their interests and develop skills for life. As a result pupils are continually improving in confidence and self-esteem.

Skills for Life

The residential provision at Cloughwood Academy aims to provide students with skills which can be transferred to their everyday life, as well as support their development and encourage independence and self-confidence. With this in mind, residential care staff have developed a series of exercises and activities which allow students to develop skills for their future.

Road Safety & Travel Training

Last year Sue Carter, our Senior Childcare Associate, completed the Travel Training qualification offered by Cheshire West and Chester council. This qualification enables Sue to deliver Travel Training to year 10 and 11 residential students which supports their independence, ensures their safety and builds confidence. Areas covered in the training are:

- ⊕ How to read a bus/train timetable
- ⊕ Route planning
- ⊕ Money management
- ⊕ Road safety
- ⊕ Personal safety
- ⊕ Appropriate behaviour
- ⊕ Stranger danger
- ⊕ Completing forms (i.e. bus passes, etc.)

This training has a positive impact on the students' confidence and ability to travel independently; skills which can be used in their progression to college or work.

Younger students are also taught road safety and traffic awareness. This is completed in stages with staff accompanying the students and guiding them through safe routes culminating in independent pedestrian travel to and from the shops and park.

Healthy Eating

The residential provision also prepares students for independence through teaching healthy eating, menu building and weekly food purchasing. Val Callan is Cloughwood Academy's lead Childcare Associate for the "Let's Get Cooking Club". This club enables students to choose different recipes, shop for the ingredients and

prepare and cook the dish, as well as teaching food hygiene and safe storage of food.

“Let’s Get Cooking” is an on-going activity throughout the year which has proved highly successful, inspiring students to think about their food choices as well as supporting budget management skills.



Self-care skills

Staff at Cloughwood Academy also support positive self-care skills such as healthy living, diet, fitness and personal hygiene. This is conducted by all members of the care team and promotes positive lifestyle choices through honest, open and frank conversations with students about all-round safety and physical wellbeing.

Cloughwood Academy has a strict anti-smoking policy and care staff ensure that this policy is upheld at all times. Staff discuss with students the benefits of not smoking both cigarettes and illegal substances as well as e-cigarettes. Staff also help students to arrange appointments with the school nurse at the ‘drop in’ sessions and can refer them through their Social Worker for drugs and alcohol awareness.

Supporting Appointments

The care team encourage residential students to attend appointments; often taking them to routine dentist and doctors’ appointments as well as CAMHS/Vision meetings. The older students are encouraged to book their own appointments and, where possible transport themselves to those appointments.

Activities

The care team always ensure that there are interesting and exciting activities available for the residential students. The team arrange suitable activities to promote a fit and active lifestyle for example, football, swimming, cycling, walking and general learning play which encourages, not only a healthy lifestyle, but raises self-awareness, self-esteem and promotes social interaction and team building.

Below is a summary of some of the activities the residential students have experienced this year.

Marbury Park Pool...



The Marbury Park pool is a little oasis set in woodlands on the outskirts of Northwich in Cheshire. The unheated open-air pool has two diving boards and is set in extensive grounds with picnic tables and benches. There is also a paddling pool, changing rooms and a small shop.

The Cinema and Movie Nights...

Extended day and residential students have visited the cinema at Crewe and Runcorn throughout the year. Movies have included Mr Peabody and Sherman, Lego the Movie and Transformers, amongst others.



Staff also regularly hire the latest age-appropriate DVDs for residential movie nights.

“Get Set to Make a Change” Road Show...

On Thursday 14th November 2013, a group of residential students along with members of care staff attended the University of Salford to meet British Olympic and Paralympic athletes for the “Get Set to Make a Change” road show.



About the programme

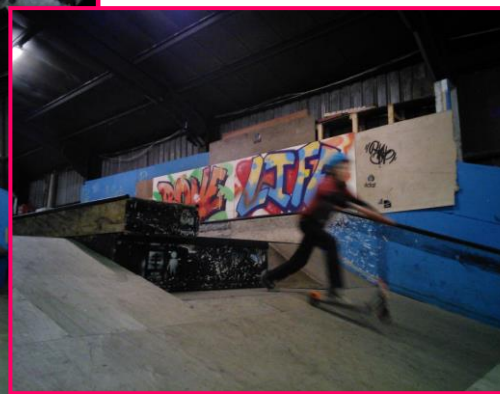
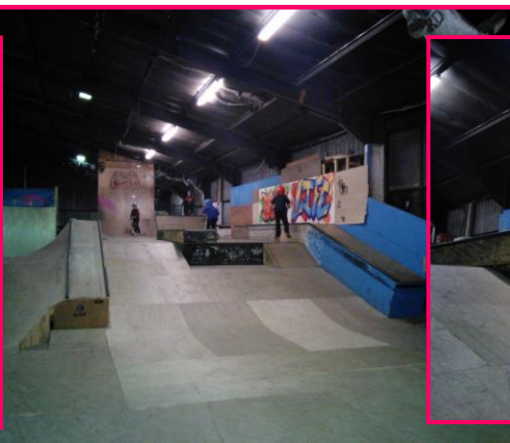
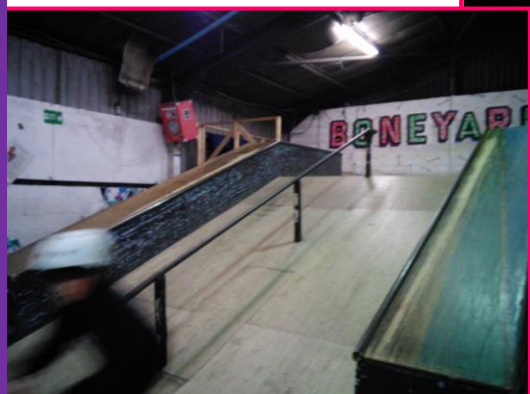
The London 2012 Games inspired the nation and brought people across the UK together in a spirit of celebration and community pride.

Get Set to Make a Change will build on the magic and power of the Olympic and Paralympic Games by inspiring young people to make a positive change in their communities.



The Bone Yard Skate Park...

In February a group of year 6 and 7 students from Cloughwood decided to try out their own scooters and BMX's at “The Boneyard” Skate Park near Chester. Here's how they got on...



North West Face Indoor Climbing Centre...

On Thursday 30th January three year 10 students decided they wanted to try something new, interesting and challenging. So Roger Rayner took them to North West Face Indoor Climbing Centre in Warrington.



<http://www.northwestface.com>

The centre features over 14,000 sq. ft. of climbing including a 50ft lead wall with 24 lines and over 80 routes, as well as 32 top ropes up to 45ft high with 150 routes. It caters for all ages and abilities, from novice through to experienced climbers.

The boys were taught basic rope work and different climbing techniques by qualified instructors. As well as learning how to climb, David also learnt how to order a coffee and jam on toast!

The evening definitely lived up to expectations and boys have already asked if they could go back again!

Cycle Hub (Repair & Maintenance) ...

In conjunction with Sustrans (cycling charity), residential and extended day students have joined together to repair and maintain bikes which have been donated to the school. Maintenance includes:

- adjusting brakes, gears, and seats,
- repairing punctures and buckled wheels,
- fixing chains,

The boys also regularly go cycling, either locally or further afield.



Sailing @ Budworth Mere...

Each Thursday during the Summer Term, staff take a group of Primary and Secondary students to Budworth Mere to experience sailing. The group is taught the “RYA OnBoard Programme” by qualified instructors from the sailing club.



Each student learns how to build their confidence on the water as well as acquiring basic boat handling skills. With the goal of completing the RYA level 1 and 2.



“This programme introduces sailing as a sport for young people. Sailing has everything, from a relaxing leisure experience to high adrenaline, high-performance sport. OB gets you out on the water, teaches new skills and lets you have great fun too! “ –

www.rya.org.uk/programmes/onboard

What happens when I go sailing?

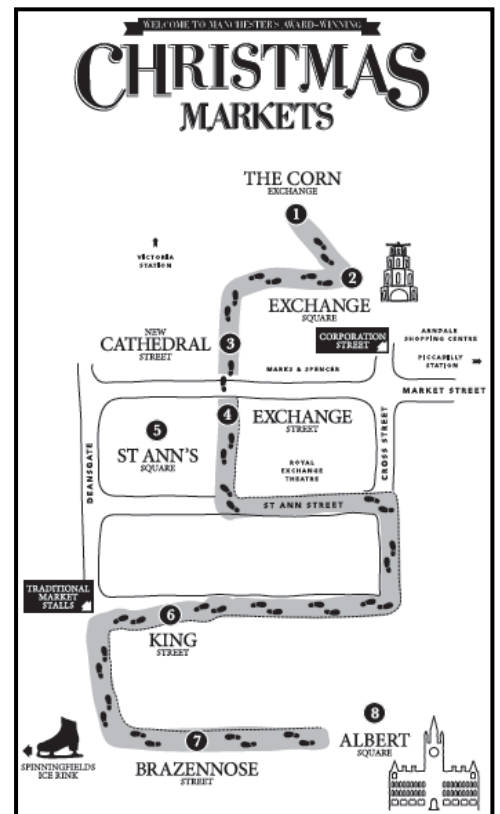
Students learn to sail a small boat by themselves or with a friend, with an instructor nearby. The instructor will then talk-through the equipment on the boat and tell each student all they need to know to get going. They make everything easy to understand and provide reassurance to those who are first-time sailors.



Christmas Markets...

At Christmas residential care staff took a group of students to the Christmas Markets in Liverpool and Manchester to experience the sights, sounds and smells and to buy Christmas gifts.

"Featuring more than 50 of the finest craft and food stalls from across 5 continents, Liverpool's Christmas Market offered treats from as far as China and South America."



Local Parks and Gardens...

Students have also frequently visited local parks and gardens to use the play equipment and BMX/Skate ramps.

Parks include:

- Crewe Skate Park
- Queens Park, Crewe
- Phoenix Park Skate Park, Runcorn
- Barnton Skate Park
- Walton Gardens, Warrington
- Delamere Forest



The residential experience is available for all students, with the option of staying overnight or extended day (8pm).

Parents/carers are welcome to view the residential provision and see some of the activities taking place. If you would like your son to experience the residential provision or would like to book an appointment to view the facilities and activities please contact:

Mrs Williams (Head of Care)

Cloughwood Academy

T: 01606 288 090

We look forward to welcoming you soon!